

Foreign Student Handbook

The word of the Director:



*“ Dear Student,
Welcome to ICAM Nantes! I wish you a pleasant stay on the west coast of France. I hope you will take full advantage of this experience both from an academic and cultural point of view. The aim of this handbook is to give you some essential information during your stay, please feel free to contact us for further information. I am looking forward to meeting you”.*

Jacques Lefebvre

1 – Arrival at ICAM



It is absolutely necessary to inform us of your arrival at ICAM. You can contact:

François-Xavier Le Van (+33 (0)2.40.52.40.48)

Ronan Denmat (+33 (0)2.40.52.40.57)

Jacky David (residence manager) (+33 (0)2.40.52.40.90)

Reception Desk (+33 (0)2.40.52.40.52)

Or the student mentor, if you have one, who will look after you at the beginning and help you with settling in. If you do not have a student mentor you will be given one on arrival.

Telephone numbers and E-mails of the people mentioned previously.



François-Xavier Le Van, Director of studies

00-33-(0)2-40-52-40-56

francois-xavier.le-van@icam-nantes.fr



Ronan DENMAT, Head of Language Department

00-33-(0)2-40-52-40-57

ronan.denmat@icam-nantes.fr



Jacky David, Head of the Student Residence

00-33-(0)2.40.52.40.90

Jacky.david@icam-nantes.fr

2-Administrative formalities to be completed on arrival

On arrival you are asked to visit the secretary's office in order to fill in a form with personal details. At the same time, questions concerning Social Security will be dealt with. Do not forget to bring your original document for social security cover. You will be given a student card as well as a pass card for the self-service canteen. Please bring with you 2 identity photos.

3-Personal Formalities

In order to be able to apply for housing benefits (APL) which is paid by the CAF (Caisse d'Allocation Familiale) – you must open a bank account. Many banks have branches in the area and an appointment can be made with one.

4-The Student Residence

In a calm and convivial environment, the student residence can accommodate 300 students all in individual rooms, in groups of 15, all accommodated with a common equipped kitchen (freezer, two refrigerators, micro-wave, and stove). Each room(18 m²) is equipped with :



- ◆ Shower-room (sink, shower, WC),
- ◆ Direct telephone line,
- ◆ -bed with drawers
- ◆ -work desk & chair
- ◆ -lamp + bookshelves
- ◆ Closet,
- ◆ Internet connection
- ◆ unlimited internet connexion broad band (optional)



Bed sheets and blankets are included.

Numerous rooms are at the disposal of the students at the residence:

- Television room,
- Sports room,
- A well animated student residence: bar, TV, evening entertainment...
- Laundry room (3 washing machines & 3 drying machines).
- Meeting room,
- Billiards room
- Game room,
- Chapel,



Supervision :

The employees at the residence are:

- Residence Director living at the residence,
- An accountant and secretary,
- Four Maintenance employees (monthly student room maintenance).

OTHER SERVICES :

- student restaurant on site
- Postal Service : courier every mid-day,
- Medical service nearby,
- Shopping centres (Carrefour, Lidl, ...) 2 kms,
- bus line 95 get off at ICAM, direction tramway Haluchère (line 1) & city centre,
- bus line72: get off at Moulin de Porterie direction Petit-Port (university).

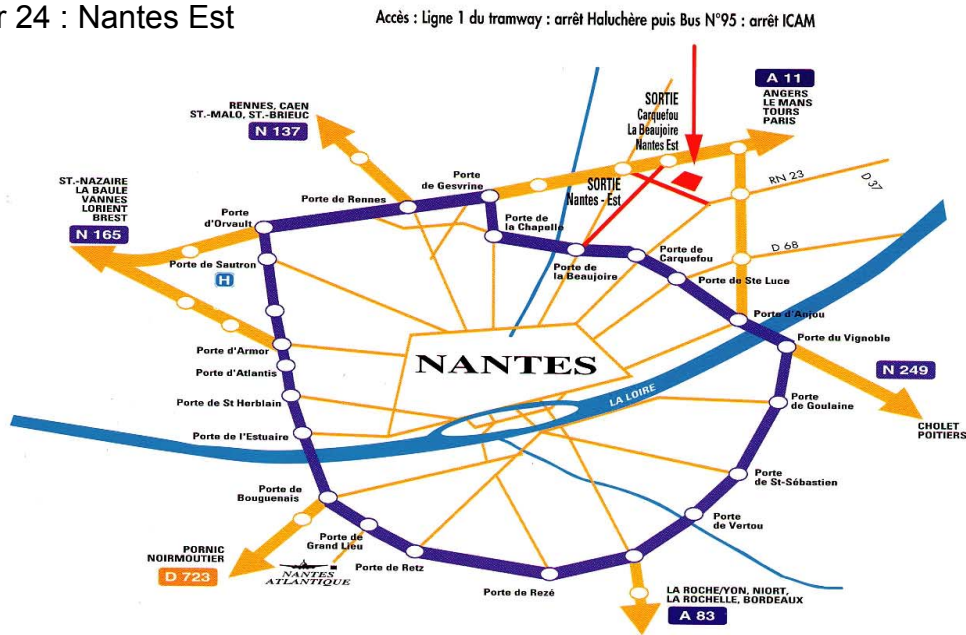
SECURITY :

The student residence is equipped with car parking and secured bicycle quarters. After school hours, the residence entrance is secured and each student will be given a key to his room and a badge to come and go freely.

The student residence has numerous interior rules which have been implemented to establish and create a respectful, pleasant and welcoming environment for all the students.

ACCESS Map by ROUTE

Exit 23 or 24 : Nantes Est



ACCESS Plan ARRIVING BY TRAIN

- At the train station, take the north exit leading you directly to the tramway taking the direction La Beaujoire
- Get off at the station Haluchère
- Take the bus 95 going to « le Bois St Lys »
- Get off at the bus stop ICAM

[A-Opening and Closing Times](#)

The residence is equipped with an automatic gate, which remains closed from 8pm to 7am during the school period, and permanently during weekends and holidays. Admission is gained by using a security badge. From the gate an intercom allows one to contact each apartment. There is another intercom at the entrance door of the residence. Each student has a personal key and badge in order to enter and leave freely. Please keep in mind that it is preferable to arrive on a weekday and not during the weekend, or after 8pm, to establish an appointment with Jacky David before your arrival, unless it is inevitable please call the STUDENT RESIDENCE (Jacky David).

B-External Facilities

Doctor, chemist, hospital.....nearby:

- Shopping Areas: (Carrefour, Leclerc Paridis, Super U) are situated near Carquefou approximately 2km.
- Buses to the tramway are: N° 95 which is situated near the industrial area zone, and the N° 75 which is situated near the building Extraone. Bus N° 95 & N° 75 will take you to the tramway whereby you will take the tramway direction City Centre Nantes and to come back to ICAM direction La Beaujoire, which is also the Football Stadium.
- Postage mailing is collected in the afternoon everyday.

C-Car Rental

To be seen on arrival

D-Security Deposit

A deposit of 153 Euros is needed for both reservation and guarantee of your university apartment. The amount will be reimbursed at the end of the year if the apartment has not incurred any damage. An inventory of the apartment is done at the beginning and at the end of the rental period. Please contact Mr Jacky David, head of Residence.

The student residence is situated behind the university grounds at a walking distance from the school.

USEFUL NUMBERS:

DOCTORS: GENERAL PRACTITIONERS

Dr. CHRISTOPHE LHERBIER
22 rue Bêle 44300 Nantes
Carquefou
02.40.30.22.00

Dr. PHILLIPE RICHARD
22 rue Bêle 44300 Nantes
02.40.30.22.00

DENTIST:

Dr. CHRISTIAN OLIVIER
24 rue André Maurois 44470
Carquefou
% 02.40.93.73.71

Dr. JEAN-MARC GEORGET
24 rue André Maurois 44470
Carquefou
% 02.40.50.95.69

Dr. RENE CARTEAU

GYNECOLOGIST:

Dr. ANNE GICQUEL
2 rue Mendès France 44470

02.40.93.75.66

24 rue André Maurois 44470
Carquefou
% 02.40.50.95.69

EMERGENCY SERVICES

AMBULANCE:15
POLICE :17
FIREMEN :18